

**OFFICE OF THE PRINCIPAL,  
GOVT. SRI PRATAP MEMORIAL RAJPUT COLLEGE, OF COMMERCE,  
(A CONSTITUENT COLLEGE OF CLUSTER UNIVERSITY, JAMMU)  
CANAL ROAD, JAMMU- 180001 (J&K UT) - INDIA**

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**PRINCIPAL**

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Dated: 14 | 03 | 22

**PRESS RELEASE**

**SPMR COLLEGE CONDUCTS ONE DAY STATE LEVEL WORKSHOP ON "DRUG ABUSE AND PREVENTIVE MEASURES"**

One day state level workshop on the topic "Drug Abuse and Preventive Measures" was organised on 14th March, 2022 by "Manodarpan" psychology and placement Cell of the College in collaboration with the State Level Coordinating Agency J&K, Ministry of Social Justice and Empowerment, Government of India. This workshop is a part of series of lectures/workshop to be conducted every month.

The workshop was conducted in two sessions, where the first session was concerned with the overview of psychoactive substances and the second session dealt with complications/consequences of drug abuse. The students from nine colleges i.e Govt SPMR College of Commerce (host college), Govt Degree College Bishnah, Padam Sri Padam Sachdev Government PG College of Women Gandhi Nagar, Government Degree College Nagrota, Government Degree College Paloura, Government Degree College Marh, Government Degree College Kunjawani, and Government MAM College.

The workshop started with the formal welcome note by Dr. Monika Malhotra. Prof. Ranjeet Singh Jamwal, Principal of the College expressed his happiness on seeing a good number of students interested in getting aware about such Problems prevalent in the society and stressed upon the importance of conducting such workshops for the larger benefit of the students.

The resource person for the first session, Miss Jasmeen Kour, Clinical Psychologist, enlightened the participants about the ill effects of drug abuse and its preventive measures. She explained that drug abuse is a disorder and has long term as well as short term effects on individuals. She elaborated the different types of substances and how they can harm the human body.

The second resource person Miss Shikha, Counsellor, ODIC, talked about the types of drug addiction, their effects on the youth and how they can adversely affect their family as well. She also provided information about the various treatment centres and their helpline numbers.

The workshop was attended by 110 students from various colleges. The faculty members present at the workshop were, Prof. Barbara Kaul (HOD Commerce), Prof. Archana Kaul (HOD English & Convenor Manodarpan Psychology and Placement Cell), Dr. Monika Malhotra and the members of Manodarpan Psychology and Placement Cell team. The workshop ended with a formal vote of thanks by Dr. Deepak Pathania.

GOVT. SPMR COLLEGE OF COMMERCE, JAMMU  
MANODARPAN PSYCHOLOGY AND PLACEMENT CELL IN COLLABORATION WITH JKSPYM  
ATTENDANCE DATED: 14-03-2022

S.No	Name	Name of College	Roll No	Sec	Sem	Phone No	Adhar No	Signature
1.	MUKESH	GDC Mank	14		3	9055706393	441697048495	Ekhun
2.	Gulshan	GDC Mank	137		3 <sup>rd</sup>	9149925477		Gulshan
3.	Sahil	GDC Mank	134		3 <sup>rd</sup>	9055312588		Sahil
4.	Akash	GDC Nagrota	176		1 <sup>st</sup>	9140834783	66006820228	Akash
5.	Bhumnika Devi	G.D.C. Kaurin	11		3 <sup>rd</sup>	6006708523	810062420982	Bhumnika Devi
6.	Sukinder Singh	G.D.C. Kaurin	63		3 <sup>rd</sup>	7006044472	85311577360	Sukinder
7.	Bassha Rani	G.D.C. Kaurin	38		3 <sup>rd</sup>	6006504860	95641116048	Bassha Rani
8.	Deepasha	Govt SPMR	20040020009		3 <sup>rd</sup>	9107427077	949354438430	Deepasha
9.	Sonali Sharma	Govt. SPMR	20040060402	E	3 <sup>rd</sup>	6006926428	250652345212	Sonali
10.	Ayushi Jhall	Govt. SPMR	20040080703	I	3 <sup>rd</sup>	8082832490	239395483304	Ayushi
11.	Riaz Ahmed	Govt. SPMR	19040060580	G	5 <sup>th</sup>	8082393741	852483325323	Riaz Ahmed
12.	Rupali Mehra	Govt. SPMR	20040060703	I	3 <sup>rd</sup>	7051653376	296563854853	Rupali
13.	Ritik Bhagat	Govt. SPMR	20040060567	G	3 <sup>rd</sup>	7006718909	686490250472	Ritik
14.	Lalit Kumar	Govt. SPMR	20040060192	C	3 <sup>rd</sup>	7051492915	434422694948	Lalit Kumar
15.	Sahil Verma	Govt. SPMR	20040060774	I	3 <sup>rd</sup>	6006991728		Sahil Verma
16.	Mamata Sharma	Govt. SPMR	20040060753	I	3 <sup>rd</sup>	9419225312	981845997159	Mamata
17.	Pam Kanchal	M.A.M PG college	1053	-	5 <sup>th</sup>	7006673369	560570109623	Pam
18.	Purvi Gupta	M.A.M PG college	642	-	5 <sup>th</sup>	9596721230	595310657005	Purvi Gupta
19.	Jamni Kaur	Govt. SPMR	2523		3 <sup>rd</sup>	7051258461	824155550107	Jamni Kaur
20.	Sunakshi Gupta	M.A.M PG college	957	-	3 <sup>rd</sup>	7006362804	936695411528	Sunakshi
21.	Sneha Bali	Govt. MAM Cg	2003007087	-	3 <sup>rd</sup>	9086632092	234606214388	Sneha
22.	Ashwin Jomwal	M.A.M PG college	2003007031	-	3 <sup>rd</sup>	7006199123	351408684443	Ashwin
23.	Priya Sharma	Govt. SPMR	21040060110	B	1 <sup>st</sup>	8493980456	421635362627	Priya S.
24.	Mehak Sarda	Govt. SPMR	21040060118	B	1 <sup>st</sup>	9906370970	906505166643	Mehak
25.	Manvi Sharma	Govt. SPMR	21040060371	E	1 <sup>st</sup>	9797745143	5611302411146	Manvi
26.	Ria Somyal	Govt. SPMR	21040060032	A	9 <sup>th</sup>	9103189042	221905243493	Ria
27.	Shreya Devi	G.D.C. Paloura	254	A	3 <sup>rd</sup>	9906395586	87046317690	Shreya
28.	Shewali	GDC Paloura	124	A	5 <sup>th</sup>	962243209	712032508834	Shewali
29.	Palvi Sharma	GDC Paloura	554	A	3 <sup>rd</sup>	7051465644	5805195936	Palvi Sharma
30.	Ashni Anand	GDC Paloura	141	A	5 <sup>th</sup>	8082034506	324327706462	Ashni
31.	Amandeep Kaur	G.D.C. Paloura	520	A	3 <sup>rd</sup>	9906370283	454243705020	Amandeep Kaur
32.	Manvi Gupta	Govt. SPMR	19040020009		5 <sup>th</sup>	8082956039	256394115215	Manvi
33.	Simran Juthwa	Govt. Gandhinagar	1953		1 <sup>st</sup>	9103202738	985622310133	Simran
34.	Shwami Mahajan	PSPS Gandhinagar	1573		1 <sup>st</sup>	9596692573	911060311797	Shwami
35.	Divya Manhas	Govt. Gandhinagar	1460		1 <sup>st</sup>	7889390173	741711791485	Divya
36.	Deepika	Govt. C.C. Jammu	30		3 <sup>rd</sup>	9797168992	421068463891	Deepika

GOVT. SPMR COLLEGE OF COMMERCE, JAMMU  
 MANODARPAN PSYCHOLOGY AND PLACEMENT CELL IN COLLABORATION WITH JKSPVM  
 ATTENDANCE DATED: 14-03-2022

S.No	Name	Name of College	Roll No	Sec	Sem	Phone No	Adhar No	Signature
37	Poojita	G.D.C. Sidhra	339		3rd	9906337941	552506205074	Poojita
38	Abid Wazir	G.D.C. Sidhra	332		3rd	9149913382	388595500524	Abid Wazir
39	Jatin Jangal	G.D.C. Sidhra	15		1st	8899916013	29144877681	Jatin Jangal
40	Muzaffar Jangal	G.D.C. Sidhra	501		5th	7051221488	815505177051	Muzaffar Jangal
41	Mohal Rastid	G.D.C. Sidhra	510		5th	9149556109	37883467668	Mohal Rastid
42	Manyata	SPMR College	10006		3rd	7005373971	573905164624	Manyata
43	Maheep Singh	S.P.M.R	10009		3rd	990652222	234852113270	Maheep Singh
44	Manmeet Singh	S.P.M.R	10040		3rd	9107706756		Manmeet Singh
45	Riddhima Sharma	S.P.M.R	60092	B	1st	6005197618	933202814762	Riddhima
46	Hukusharma	S.P.M.R	60603	G	1st	849187502	805496245429	Hukusharma
47	Anurag Gupta	S.P.M.R	21040060639	H	1st	6006269534	849485663598	Anurag Gupta
48	Ashishk Verma	S.P.M.R	20046540013		3rd	7006507086	84935874249	Ashishk Verma
49	Ashwin Mathoo	S.P.M.R	20040540022		3rd	9796434596	849882948577	Ashwin
50	Riya Sharma	SPMR	20040540003		3rd	7889480857	530508983597	Riya Sharma
51	Aaryan Kohli	SPMR	20040510001		3rd	9796800702	570233275736	Aaryan Kohli
52	Kashvi Mahajan	SPMR	20040510007		3rd	9541483983	996924147816	Kashvi Mahajan
53	Rahul Gupta	SPMR	20040540024		3rd	8002669319	793297707926	Rahul Gupta
54	Ishwin Gupta	SPMR	20040540027		3rd	9086009750	41660924675	Ishwin Gupta
55	Susmita Sharma	SPMR	20040540010		3rd	700642584	332929073216	Susmita
56	Udhay	SPMR	21040060265		1st	8082778050	434616293035	Udhay
57	Ayush	SPMR	2104006038		1st	9906041947	4083893333	Ayush
58	Nitin	SPMR	21040060169	B	1st	9469943859	976451684981	Nitin
59	Poojash	SPMR	—179	B	1st	6005620245	84456757450	Poojash
60	Madhav	SPMR	—21000	B	1st	9102052519	330076021184	Madhav
61	Pankaj	SPMR	—0692	H	1st	9797452051	86745522282	Pankaj
62	Aman	SPMR	483		1st	7051852508	20456526635	Aman
63	Lovendra	SPMR	158		1st	6005835210		Lovendra
64	Pankaj Kumar	G.D.C. Bishnah	105530008		1st	9682381283	68893622618	Pankaj Kumar
65	Suraj Kumar	G.D.C. Bishnah	105530062		1st	8492924198	36109704959	Suraj Kumar
66	Kamal Choudhary	G.D.C. Bishnah	105530068		1st	8849310864	36726181529	Kamal Choudhary
67	Rishi Choudhary	G.D.C. Bishnah	105530002		1st	8493861109	402502219795	Rishi Choudhary
68	Senia Choudhary	G.D.C. Bishnah	105530067		1st	7051384504	871126647750	Senia Choudhary
69	Sudanshu	SPMR	21040060236	C	1st	9682511515	757088471942	Sudanshu
70	Mitish Gupta	SPMR	21040060394	A	1st	7006972550	367405530000	Mitish
71	Ashutosh Sharma	SPMR	21040060021	A	2nd	6006146319	36678878511	Ashutosh

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REGISTRATION DATED:- 14/03/2022

S.No	Name	Roll No	Sec	Sem	Phone No	Adhar No	Signature
01.	Ajushi Jank	20040060703	I	3rd	80822832490	229275488304	Ajushi
02.	Rupali Mehra	20040060706	I	3rd	7051653376	296563854853	Rupali
03.	Mannat Sharma	20040060753	I	3rd	941952552	981845997159	Mannat
04.	Arantam Bhagat	19040060012	A	5th	7889561982	87597275185	Arantam
05.	Nitin Sharma	19040060069	A	5th	9797457608	130358554012	Nitin Sharma
06.	Sonali Aman K.	19040060623	H	5th	7881800645	262431616181	Aman
07.	Deepasha	20040020009	BEA	3rd	9107427077	94935443870	Deepasha
08.	Pranav	19040060122	B	5th	9797389200	488910912874	Pranav Sharma
09.	Sahil Singh	19040060546	B1	5th	6006144221	251461928110	Sahil Singh
10.	Anish Verma	19040060037	'A'	5th	706697115	218756977540	Anish Verma
11.	Aniket Kumar	19040060694	I	5th	7006022828	295221046820	Aniket
12.	Sahil Verma	20040060774	I	3rd	6006991728	932771822432	Sahil
13.	Ajushi Bhan	20040060639	H	3rd	6006080896	889871438395	Ajushi
14.	Deepna Sapre	20040060093	B	3rd	6006832317	441814602548	Deepna
15.	Bhakti Devi	20040060087	A	3rd	9682579175	874649891633	Bhakti
16.	Sonali Sharma	20040060403	E	3rd	6006926428	25065234520	Sonali
17.	Sheena Rhat	19040060093	B	5th	9070077764	215431479484	Sheena
18.	Parul Devi	19040060319	D	5th	7889443108	620695203776	Parul
19.	Dikha Pal	20040060099	B	3rd	9622505859	407723866954	Dikha
20.	Monika Dhan	20040060433	F	3rd	7889839897	226305148730	Monika
21.	Manpreet Singh	208		1st	8492981577	704149941143	Manpreet Singh
22.	VIVEK SHARMA	163		1st	6005391277	51158504584	Sharma
23.	Life of boys	360		3rd	979716099	42106841301	Talwar
24.	Parvair Mond	339		3rd	9906331841	551506205024	Parvair Mond
25.	Abid Sultan wani	332		3rd	9149713382	38857550624	Abid Sultan wani
26.	Jatin Jambal	15		1st	8899910018	291440276021	Jatin Jambal
27.	Sahil	184		3rd	9055331200	80303640193	Sahil
28.	Gulshan	137		3rd	9149925489	585282547854	Gulshan
29.	Mukesh	14		3rd	9055706393	441697048495	Mukesh
30.	Rohit Kumar	56		3rd	7051346864	466597427069	Rohit Kumar

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