

Annual report of the celebrations and commemorative events for the last five years

NSS UNITS OF GOVT. SPMR COLLEGE OF COMMERCE, JAMMU

LIST OF ACTIVITIES DURING THE SESSION 2016-17

ACTIVITY	DATE	VOLUNTEERS	REMARKS
Plantation Drive on the theme "Plant tree Save Nation" was organized by SPMR college in collaboration with JMC. Asst. Commissioner Shub Mehta ,Revenue officer Romesh Sudan participated	12/08/2016-13/08/2016	100	
SWACHH BHARAT ABHIYAAN Cleaniness Drive of the college Premises Massive Rally through Canal Road, Bhagwati Nagar & Interactive Sessions were held with Rehriwalas, students & public at large to aware them to protect from Malaria, Chicken gunia & Dengue.	28/09/2017-29/09/2017	140	
GANDHI JAYANTI CELEBRATED Debate on life and achievements of Mahatma Gandhi. A visit to the village Lower Dhounthly & Flower tributes to Mahatma Gandhi at Mubarak Mandi	1/10/2016 02/10/2016	20 speakers+150	
Amount of Rs 4200/ collected by NSS Volunteers on Foundation For Communal Harmony	19-25 November		

LIST OF NSS ACTIVITIES DURING THE SESSION 2017-18

ACTIVITIES	DATE	VOLUNTEERS	TOTAL	REMARKS
LINKDIN ACTIVITY	10/04/2017	02	120	
TWO DAYs ENROLLMENT DRIVE	21-22/08/2017	16	16	
PLANTATION DRIVE-48 SAPLING PLANTED	AUGUST 2017		55	TO CREATE AWARENESS AND PROMOTE SUSTAINABLE AND SAFER ENVIRONMENT
TWO DAYs ORIENTATION CUM CLEANLINESS PROGRAMME	30-31/08/2017	5	150	
CELEBRATION OF INTERNATIONAL LITERACY DAY	25/09/2017	5	35	
RALLY AGAINST DRUG ADDICTION	SEPTEMBER AND OCTOBER 2017		60	AWARENESS ON HARMFUL CONSEQUENCES OF DRUG ADDICTION
GANDHI JAYANTI CELEBRATION	02/10/2017	15	50	
A VISIT TO ADOPTED SLUM AREA I.E. LOWER DHOUNTHALI HEALTH AWARENESS PROGRAMME	3-10-2017		40	
TWO-DAY GENERAL HEALTH AWARENESS PROGRAMME AMONG THE LOCALS OF CANAL ROAD AND KRISHNA NAGAR RESIDENTS ABOUT THE DISEASES LIKE DENGUE, CHOLERA AND WATER BORNE	9/10/2017 TO 10/10/2017	6	50	

DISEASES.				
CLEANLINESS DRIVE IN THE COLLEGE CAMPUS	11/10/2017		100	
TWO DAY'S WORKSHOP ON BEAUTIFICATION OF THE CAMPUS (PAINTING OF WALLS & WHITE WASH)	14-15-16/10/2017			
CELEBRATION OF WORLD FOOD DAY	22/10/2017			
CELEBRATION OF U.N.O DAY	24/10/2017			
TRAFFIC WEEK A DRILL OF NSS VOLUNTEER'S	25-30/10/2017			
CELEBRATION OF INTERNATIONAL SAVING DAY (GUEST LECTURE BY A RESOURCE PERSON FROM R.B.I)	31/10/2017			
CELEBRATION OF NATIONAL INTEGRATION DAY	01/11/2017	20	40	
RASHTRIYA EKTA DIVAS	01/11/2017	20	20	
WEAKER'S SECTION DAY	22/11/2017			
COMMUNAL HARMONY WEEK	24 NOV - 2 DEC 2017			
INTERNATIONAL VOLUNTEER'S DAY	05/12/2017			
CELEBRATION OF HUMAN RIGHTS DAY	10/12/2017			
SEVEN DAY-WINTER CAMP ON THE THEME "YOUTH AGAINST DRUG ADDICTION"	27-12-2017 TO 2-1-2018		40	
CLEANLINESS DRIVE IN THE SLUM AREA ADOPTED BY COLLEGE "YOGDAAN DIJIYE"	30/12/2017 TO 31/12/2017		40	

SHRAM DAAN KIJIYE"				
A VISIT TO ADOPTED SLUM AREA I.E. LOWER DHOUNTHALI "AWARENESS FOR HEALTH AND HYGIENE"	1-1-2018		50	
A VISIT TO ADOPTED VILLAGE RAMBAGH PHALLIAN MANDAL (THE ADOPTED VILLAGE) NUKKAD NATAK ON THE THEME "YOUTH AGAINST DRUG"	1-1-2018	2	50	
RALLY FROM GOVT. SPMR COLLEGE CAMPUS TO GMC, BAKSHI NAGAR FOR DRUG AWARENESS	1-1-2018		120	
SWACHH BHARAT SUMMER INTERNSHIP- 2018 AT ADOPTED VILLAGE PHALIN MANDAL	25/05/2018 - 10/06/2018 (06-15/06/2018)		30	WALL PAINTINGS, DOOR TO DOOR AWARENESS CAMPAIGNS , NUKKAD NATAKS, SWACHHATA RALLIES, MOVIE SCREENING, DEVELOPMENT OF COMPOST PITS, AWARENESS LECTURES ON SOLID WASTE MANAGEMENT, ETC.
VANMAHOSTAV DAY			40	
KARGIL MATYR'S DAY			100	
NSS DAY			100	
BLOOD DONORS FELICITATION DAY			100	

SWACHTA PAKHWARA			25	
SWACHTA HI SEWA			100	
PRAKARAM PARV			100	

LIST OF NSS ACTIVITIES DURING THE SESSION 2018-19

Activities	DATE	PARTICIPANT	Remarks
Special Summer Camp For Cluster Colleges (Organized By Cluster University Of Jammu)	16 -22 JULY 2018	20	Lectures, Poster Making, Slogan Writing. NUMBER OF TEACHERS CO-ORDINATED SUCH ACTIVITIES 2
Plantation Drive On Van Mahotsava In Collobration With Evs	24-07-2018	50	NUMBER OF TEACHERS CO-ORDINATED SUCH ACTIVITIES 2
Swachhta Pakhwara I.E. Cleanliness Drive	1-08-2018 TO 15-08-2018	70	2
International Youth Day	12.08.2018	50	
Independence Day	15.08.2018	52	
Rangoli Competition On Aids Awareness Aids Awareness In Collobration With Ncc	29/08/2018	07	5
Sadbhawana Week Pledge, Cleanliness Lectures , Poster Making Essay Writing	08-12 SEPTEMBER 18	30	Pledge, Cleanliness lectures , Poster making Essay writing (trs2)
Teachers Day Celebration	05.09.2018	70	A Cultural Programme and Poster Making activities were organized at Auditorium
Cleanliness Drive Cleanliness	20.09.2018	40	Drives In College Campus, Auditorium, Sports Ground,

			Central Park , Canteen Area, Etc.(2 trs)
Blood Donation Camp Collaboration With Young Blood Association Jammu	30-09-2018	45	2
Workshop On Sustainable Development	05.04.2019	30	Awareness Lectures organised by Gandhi Global Family
Lecture on climate Change	15.04.2019	20	Lectures and interaction session by Dr. Deshbandhu and Mr. Roop Chand Makhnotra of Nature Human Centric Peoples Movement, Jammu
Training Of Trainers	23-24 APRIL 2019	35	Training On Drug De-Addiction And Hiv/Aids, Organized By J&K State Aids Control Society In Smart Class Room (2 trs)

LIST OF NSS ACTIVITIES DURING THE SESSION 2019-20

Title of the Programme	Period from Period To	Number of Participants		Total	Remarks
		Girls	Boys		
Celebration of Kargil Vijay Diwas	25/07/2019 26/07/2019	15	12	27	Students participating in extension activities such as Swachh Bharat, Patriotic Songs, etc.
Plantation Drive In collaboration with Mahindra Mahindra Group	23-08-2019			35	Plantation of 50 medicinal Ornamental trees aplings in theCollege.
Poster making competition on the topic 'Plastic waste management' in collobration with NCC	25/09/2019			20	7 trs
Lecture on single use plastic in collaboration with EVS deptt	28/09/ 2019			77	
Celebration of 150th Birth Anniversary of Mahatama Gandhi	27/09/2019 04/10/2019	40	37	77	Poster Making on the topic-Say no to Single Use Plastic Slogan writing on topics-1. Say no to Single use Plastic 2. Swacchta hi Jiwan Poster Exhibition, participation in Gandhi Jayanti Celebration on 2 nd Oct. Debate Competition on topic – Relevance of Gandhian Philosophy in Modern era Awareness Rally- "Say No to Single use Plastic" (From College to IIM Campus)
Gandhi Jayanti Celebration	02/10/2019	31	19	50	Prabhat Pheri
National Unity Day	31/10/2019	15	20	35	Pledge, Poster Making and Rally
Celebration of 550 th Birth Anniversary of Guru Nanak Dev Ji in Colabration with Punjabi Deptt.	05.11.2019			36	Cleanliness Drive and Rally-"Swachhata hi Sewa" NSSPOs- Prof. Apfan Ali & Rajni Bala and Volunteers.
National Road Safety Week-2020, organized by Motor Vehicle Deptt.	11.01.2020 - 17.01.2020			102	1. Awareness Walkathon (44 2. Women's Scooter Rally (25 3. Symposium(33
"Beti Bachao Beti Padhao"	25/01/2020	69	51	120	Poster Making and Pledge
Winter Camp-2020 (Organized by Cluster University of Jammu for constituent colleges)	18.02. 2020- 24.02.2020			25	1. Guest lecture by Dr. Jasbir Singh, DSW University of Jammu 2. Visit to adopted village Phallain Mandal 3. Local Community visit 4. Plantation & Cleanliness drive

					<p>5. Poster making on topic- Beti Bachao, Beti Padhao.</p> <p>6. Slogan Writing on topic- Swacch Bharat.</p> <p>7. Skit on " Say no to Dowry" at Village Manwal, Mansar.</p> <p>8. Jasleen & Prabjot on valedictory function</p>
"Women Scooter Rally" to celebrate "International Women's Day"	08/03/2020	5	Nil	05	Women Scooter Rally, organized by Biker Brotherhood Motorcycle Club
Janta Curfew	22.03.2020			37	Clapping at their respective places for corona warriors
Turn off the lights at 9:00pm	05.04.2020			30	Lit a diya at 9:00pm and hold it for 9 minutes to mark the country's fight against the Covid-19 pandemic
Aawareness Word Collage Depicting two messages- "Jan Hai toh Jahan Hai" and "Stay Home Stay safe" Awareness On Covid-19	14/04/2020	22	18	40	Two awareness Word Collage depicting two messages- "Jan Hai toh Jahan Hai" and "Stay Home Stay safe" were made and posted in various student groups, college group, NSS Cluj and at NSS Page of social media platforms.
Awareness Campaign For Covid-19: Preparation of face Masks	20/04/2020			33	Cloth face masks Were stitched/ made by Volunteers and NSSPOs at their respective places and distributed to needy at the irrespective place. (4 hrs)
World Earth Day-2020	22/04/2020	07	07	14	Poster Making on theme-Save the Mother Earth. A Collage was also made. Need to protect earth(2 hrs)
"World Mother's Day"	10/05/2020	15	10	25	Posters and Thank you cards-for the live Goddess on the earth were made by volunteers.
Poster making on theme-Social Distancing against COVID-19	12.05.2020			09	Poster making on theme-Social Distancing against COVID-19, - Time Management during Lockdown.
Awareness Campagian for Covid-19- Heroes	14.05.2020			40	Thankyou cards were made for Corona Warriors . A video and Collage were made.
Poster Making on theme- Fighting Covid-19.	25.05.2020			10	Poster Making on theme- Fighting Covid-19 Together - Saving Humanity, organized by Cluster University of Jammu.
6th International Yoga Day-2020	18/06/2020 TO	29	19	48	Following activities were organised PAINTNIG,SLOGAN,POSTER,ESSAY &

	21/06/2020				YOGA ASANA

LIST OF NSS ACTIVITIES DURING THE SESSION 2020-21

Name of the activity	Date	Participants		Total	Remarks
		Girls	Boys		
Webinar, under Ek Bharat, Shrestha Bharat	02.07.2020- 3.07.2020	11	9	20	Volunteers participated in Two days Webinar on theme- "Crafting Learner Potential through career Counselling",organised by Bharathiar University, oimbatore, Tamil Nadu.
Van Mahotsav-2020	04.07.20202 07.07.2020	12	13	25	Following activities were organised:- 1. Plant a sapling at home 2. Digital Poster making on theme- Plant a Tree, Plant a Hope for future 3. Online Seminar
Sadbhavana Week-2020	14.08.2020- 20.08.2020	10	8	18	1. Poster making 2. Slogan Writing 3. Essay Writing 4. Poetry 5. Webinar- Remembering Rajiv Gandhi National Sadbhavana Awardee's. 6. Rangoli Making 7. Sadbhavana Pledge
Teachers Day-2020	05.09.2020	20	20	40	A Poster Making activity was organised. A video was also made and posted at various social

					platforms
Online Celebration of NSS Day	24.09.2020	10	15	25	Four activities were organized 1. NSS Song Sung by Volunteers 2. Experience Sharing by Sr. volunteers 3. Poster Making 4. NSS Pledge by NSSPO and Volunteers
Gandhi Jayanti-2020	26.09.2020 - 02.10.2020	25		36	Six Activities were organised:- 1. Poster Making- Swachhata hi Seva 2. Inspirational Quote of Mahatma Gandhi. 3. Short Essay Writing 4. Cleanliness Drive at home 5. Webinar- Relevance of Gandhian Thoughts in the times of Covid-19 crisis, 7. Pledge for Non-Violence and Gandhi in Me Pledge
Rashtriya Ekta Diwas-2020	31.10.2020			13	Poster with theme- Life of Sardar Vallabhbhai Patel
interCollege Slogan / Painting Comp on World Aids Day	1/12/2020			10	
National Road Safety Month-2021	18.01.2021			25	Awarenes Rally organised by Motor Vehciile Department Gulshan Ground to Trikuta Nagar
National Girl Child Day-2021	24.01 2021			11	Poster Making on theme- Save the Girl Child
Drug De-Addiction (Lecture)	19/02/2021	12	13	25	A lecture on Drug De-Addiction in collaboration JKP Jammu
Women's Day Celebration	08/03/2021	20	15	35	

Plantation Drive	21/03/2021	9	11	20	
Mask Making	18/05/2021	5	5	10	
Webinar on Immunity Boosting Drugs in Covid-19	21/05/2021	10	13	23	
Bio-Diversity (Video making)	22/05/2021	7	5	12	
Bio-Diversity (Painting)	22/05/2021	8	6	14	
Bio-Diversity (Slogan)	22/05/2021	5	4	9	
Bio-Diversity (Photo-shoot)	22/05/2021	11	9	20	
Webinar on "Covid and post Covid"	22/05/2021	19	15	34	
Tobacco Day	31/05/2021	6	4	10	
World Environment Day	05/06/2021	7	4	21	
World Blood Donor Day (poster making ,video making , slogan)	14/06/2021	19	18	37	
International Yoga Day	20/06/2021	11	8	19	
Online Yoga Assan Day and Live Demonstration	21/06/2021	12	15	27	
International Day against Drug abuse	26/06/2021	14	21	35	
75 th Independence Day (poster, Writing slogan, National Anthem Patriotic song)	12- 19/08/2021	14	18	32	
Teacher's Day	05/09/2021	20	20	40	
NSS Day Celebration	24/09/2021	25	25	50	

Gandhi Jayanti	02/10/2021	15	15	30	
One week Gandhi Jayanti Celebration Online activity (Poster making,Essay Writing ,Slogan Writing) Offline activity (Swachh Bharat abhiyan, Plantation,Rally on Say No To Plastic Use)	02- 07/10/2021	17	19	36	
Save Tawi Organised by JK State Pollution control Committee Webinar ,Rally from GGm Science College At 8:00 am at vikram chowk Poster Making,Audio/Video Clip Awareness at Visarjan Ghats i.e Vikram Chowk and Harki Paudi	08- 14/10/2021 08/10/2021 09/10/2021 11/10/2021 12/10/2021 13- 14/10/2021	11	10	21	